

What Is The Recovery Time?

Recovery for this procedure is usually about a week. There may be a small amount of bloody drainage for the first 3 to 5 days after the procedure. Swelling may last for 2 to 3 weeks. You may resume most normal activities after 1 week. You may resume exercise and intercourse after 6 weeks.

What Are The Risks Involved In Labiaplasty Surgery?

The most common risks of surgery may include bleeding, infection, and opening of the incision, which occurs less than one percent of the time.

What Is The Postoperative Period Like?

You will have discomfort at the surgical site for the first few days which will then decrease. All patients are sent home with prescriptions for pain medication and antibiotics. Full healing takes approximately 4 to 6 weeks. You are to refrain from exercise and intercourse during this period. All sutures used are absorbable and therefore do not need to be removed.



Why Choose An ASPS Member Surgeon?

Has at least 6 years of training and experience in surgery including cosmetic and reconstructive procedures.

Is certified by the American Board of Plastic Surgery.

Adheres to a strict code of ethics.

Fulfills continuing education requirements, including patient safety techniques.

If you have any other questions, please call our office to set up a private and professional consultation.

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VAGINAL REJUVENATION

Labiaplasty (labia reduction) and other female cosmetic surgical procedures including Vaginoplasty (rejuvenation or tightening of the vagina) and Clitoral Unhooding (Hoodectomy), are becoming more popular as social acceptance of these cosmetic and reconstructive procedures continues toward mainstream.

Labia surgery, which usually involves labia reduction and vaginal rejuvenation, or tightening, are becoming as common today as other cosmetic procedures, including tummy tucks and breast augmentation.

New advancements and techniques in Labiaplasty and Vaginoplasty typically lessen scarring, pain, recovery time, and show excellent results in the area sometimes referred to as Vaginal Cosmetic Surgery.



WHAT IS LABIAPLASTY?

Labiaplasty is a surgical procedure that will reduce and/or reshape the labia minora and/or majora - the skin that covers the female clitoris and vaginal opening. In some instances, women with large labia can experience pain during intercourse, or feel discomfort during everyday activities or when wearing tight-fitting clothing. Others may feel unattractive, or wish to enhance their sexual experiences by removing some of the excess skin. The purpose of a labiaplasty is to better define the inner and/or outer labia. This problem can be caused by genetics, sexual intercourse or childbirth.

What is vaginoplasty?

Vaginoplasty is a surgical procedure that will reduce the size of the vaginal opening. The laxity may be due to aging, child birth, surgery, or trauma. The procedure re-approximates the mucosal tissue and underlying vaginal musculature.

Where Is the surgery performed?

The surgery is performed in our office surgical suite under local anesthesia or in an accredited surgical center with sedation anesthesia.

What Is the Average Length of the Procedure?

The average length for the labiaplasty or vaginoplasty procedure is 1 hour. A combined procedure takes 1 hour and a half to 2 hours.